## Physical Development

Cognitive Cog Focus – Exploring and describing different movements

Dynamic balance: Ball Skills

Static Balance skill: Stance

We will develop the overall body strength, co-ordination, balance, and agility needed to engage successfully with future physical education sessions and other physical disciplines such as discipline.

Further develop and refine a range of ball skills including throwing, catching, kicking, passing, batting, and aiming.

Develop confidence, competence, precision, and accuracy when engaging in activities that involve a ball.

### **Understanding the World**

Display a range of books about sleeping for the children to look at and share.

We will aim to recognise some environments that are different to the one in which they live e.g., Antarctica.

Why is it dark at night? Children will discuss why it is dark at night-time. They will talk about nocturnal animals and why they stay awake at night. They will discuss astronauts and astronomers and what they do.

# Reception Spring 1 What happens when I fall asleep?

# Focus Areas:

- Winter wonderland
- Nocturnal animals
- \* Planets
- Shadows (Funny bones)

\* Aliens

\* Astronaut/Rockets

School Value: Resilience

# Personal, Social and Emotional Development

Children will explore their own feelings and the feelings of others as through stories such as owl Babies. The book with owl baby puppets will be displayed so children can read and retell the story independently. It's a small world! Children will be encouraged to play together Initiating conversation, friendships and extending play ideas in the small world area. Various scenarios will be created in a dark space using toy cars, emergency vehicles and buildings, small world figures and nocturnal animal models. Children will be understanding the need of hygiene and brushing teeth. we will speak about looking after our body and importance of sleep and the impact it has.

# Expressive Arts and Design

The lost stars. Read the story Talk with the children about words which describe a star including bright, light, shiny, pointed, silver and sparkling. Children to make silvery play dough and add lots of sparkly glitter. Provide star and moon cutters for pressing into the dough. Children will explore an 'observatory' in the outdoors for astronomy role play. Children will explore the painting techniques of Vincent Van Gogh and will look at his painting in particular "The starry night." Role play area will include costumes of people who help us at night possible examples include police, nurse, and pilot and factory worker.

# **Mathematics**

Children will develop their understanding of-2D shapes, 3D shapes, Addition, Time, Height and size, Capacity and time, How many teddies? Coloured counting bears will be used for counting and sorting activities. A range of star-shaped stickers in different colours and sizes will be provided for children to make patterns. Continue to develop the understanding that all numbers are made up of smaller numbers, composed of 2 parts or more than 2 parts. Opportunities in provision to explore and notice the different compositions of 4 and 5. Children will make direct comparisons holding items to estimate heaviest, use balance scales to check. Prompt language of heavy, heavier than, heaviest, light, lighter than, lightest. Common misconception than the bigger item is the heaviest.

#### Communication and language

The children will explore a story bag that contains pictures of props from the story as well as a range of bedtime nursery rhymes.

Create a comfy cushion area with blankets for the children to cuddle up to and practice rhymes. Pictures of people and services that work at night will be shown to children exploring questions such as 'Who is this? What job do you think they do? Blank cards will be provided for the children to draw bedtime activities and add captions. Key words and phrases will be displayed to help children write independently. Children will be encouraged to put the cards to show their routine.

#### Literacy

Children will cover a range of books during this half term.
We will start off with Peace at Last and Emily Brown and the Thing. Things! Read Emily Brown and the Thing. Children to discuss the story and think about what they need to help them to sleep. Conversations may also include dreams, feelings about the dark and their own bedtime routine. A range of objects that children use to help them get to sleep will be displayed. Children will blend sounds into words, so that they can read short words and phrases made up of known letter-sound correspondences.

Phase 3; Know the remaining grapheme -phoneme correspondence for j, v, w, x, z, zz

Know the 4 consonant digraphs - sh, th, ch, ng, qu, ai **Tricky Words**: he. She, we, me, be.

# Visitors, trips, and events

Mobile Planetarium Visit to the school.

Visit from the Dentist: speak about hygiene
Interactive Artic Visit.

Parent Space Workshop.

## Quraan

Children will be learning Suratul Kaafiroon to Suratul Maa'oon.

## Arabic

Children will be learning the Arabic letters saad to ghayn (فـ-ف) With the harakat (fathah, kasrah and dammah) and related vocabulary. Also learning an Arabic rhyme.

#### Tarbiyyah

Children will be learning morning adhkaar and the five pillars of Islaam.